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Staying full
of the
Holy Spirit

*STAYING FULL OF
THE HOLY SPIRIT*

By
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DEDICATION

*To you who desire to stay full of the
Holy Spirit*

INTRODUCTION

When we receive the Holy Spirit at conversion and at Holy Spirit baptism, he comes to stay permanently in us that we may live full of him like it is said of Stephen (Act 6:5). However, there is a way we have to live to make our lives conducive for the Holy Spirit to freely operate in us and manifest through us. The Bible makes it clear that the Holy Spirit can be resisted (Act7:51), grieved (Eph 4:30), and quenched (1Thes 5:19).

'Staying Full of the Holy Spirit', a transformative journey into a Spirit-filled life, a life of surrender and cooperation with the Holy Spirit. In this

inspiring guide, I share profound insights and practical wisdom to help you cultivate a vibrant, Spirit-filled life.

As believers, we often experience moments of spiritual renewal, only to find ourselves struggling to maintain that connection. This book bridges that gap, offering a good roadmap for sustaining a dynamic relationship with the Holy Spirit. In this book you will discover:

- What it means to stay full of the Spirit
- Empowering truths for living a Spirits-controlled life
- How to stay full of the Holy Spirit

Get ready to stay full of the Holy Spirit.

CLARIFICATION OF TERMS

The terms Holy Spirit, Holy Ghost, Spirit of the LORD, Spirit of God, Spirit of Christ, God's Spirit, the Spirit (with capitalized S) are all synonyms of the Holy Spirit, and as such used interchangeably in this work to refer to the person of the Holy Spirit. No difference as to the identity of the person of the Holy Spirit or special shade of his manifestation is by the use of the several names intended.

STAYING FULL OF THE HOLY SPIRIT

Wherefore, brethren, look ye out among you seven men...full of the Holy Ghost...whom we may appoint over this business. Acts 6:3

Staying full of the Spirit is allowing the Holy Spirit have full operations in your spirit and maximum expression in your life. To stay full of the Holy Spirit you have to continually engage the

Anointing, which is the Holy Spirit. Yesterday's filling is not enough for today. It is a life of continuous engagement with God through his Spirit. God expects you to be being filled of the Spirit, hence staying full of the Holy Spirit. When you are full of the Spirit, you bear richly the fruit of the Spirit; you readily carry the presence of God, and you manifest a great deal the power of the Spirit and his graces.

What is the fruit of the Spirit? The fruit of the Holy Spirit is the outcome which His presence within accomplishes when you allow Him to control your life. Galatians 5:22-23 give you a list of what comprise this fruit:

But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, Meekness, temperance....

Galatians 5:22-23

He who carries God's presence, carries distinctly an aura of God's glory, holiness and love. And where the fullness of the Spirit is, one special grace, at least, is usually in manifestation; for examples, concerning the seven deacons, it was said, men full of the Holy Spirit and wisdom (Act 6:3); concerning Stephen, a man full of the Holy Spirit and faith (Act 6:5); and concerning Barnabas, a man full of the Holy Spirit and faith (Acts 11:24). Other graces by the Spirit which could also be

manifested include as found in Isaiah 11:2; namely, understanding, counsel, might, knowledge and the fear of the LORD.

And though it is common to find a person who has one or more of the nine gifts of the Spirit (listed in 1 Corinthians 12:8-10, namely: the word of wisdom; the word of knowledge, faith, healing, the working of miracles, prophecy, discerning of spirits, diverse kinds of tongues, interpretation of tongues) and yet not full of the Spirit, it is truly rare to find a person full of the Holy Spirit who is not endued with one or more of the nine gifts of the Spirit. Also, he who is

full of the Spirit must of necessity be full of power as says the Scripture.

But ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me...unto the uttermost part of the earth. Acts 1:8

Through mighty signs and wonders, by the power of the Spirit of God...I have fully preached the gospel of Christ.
Romans 15:19

But truly I am full of power by the spirit of the LORD, and of judgment, and of might, to declare unto Jacob his transgression, and to Israel his sin.

Micah 3:8

Now, not only are you called to a life in the Spirit, you are also expected of God to stay full of the Spirit. Let me therefore journey you through the word to see how you can achieve this.

1. BORN OF THE SPIRIT

The word of God makes it clear that the journey into a life of fullness of the Spirit begins at being born of the Spirit at conversion. It is at this time your human spirit is recreated and configured for the Spirit to dwell and you are imparted with eternal life, thereby completely empowered for a life in the Spirit.

Jesus answered, Verily, verily, I say unto thee, Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God. That which is born of the flesh is flesh; and that which is born of the Spirit is spirit. Marvel not that I said unto thee, Ye must be born again. The wind bloweth where it listeth, and thou hearest the sound thereof, but canst not tell whence it cometh, and whither it goeth: so is every one that is born of the Spirit.
John 3:5-8

2. BE FILLED WITH THE SPIRIT

Next, the you have to be baptized with the Spirit, that is, filled with the Holy Spirit. That is when you are get anointed

for the miraculous and empowered for higher and advanced dimensions of the Spirit.

3. THE PRINCIPLE OF SANCTIFICATION

Sanctification makes your human body and spirit a convenient temple for the indwelling and operations of the Holy Spirit, otherwise called the Spirit of Holiness (Rom 1:4). God is holy, and his Spirit is called *Holy Spirit*. So it is a Spirit holy and for the holy. It is as he purifies and consecrates you (make you holy) in conversion and you maintain that sanctification (in other words, holiness) that he can fully take possession of you.

Know ye not that the unrighteous shall not inherit the kingdom of God? Be not deceived: neither fornicators, nor idolaters, nor adulterers, nor effeminate, nor abusers of themselves with mankind, nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners, shall inherit the kingdom of God. And such were some of you: but ye are washed, but ye are sanctified, but ye are justified in the name of the Lord Jesus, and by the Spirit of our God. 1 Corinthians 6:9-11

And what agreement hath the temple of God with idols? for ye are the temple of the living God; as God hath said, I will dwell in them, and walk in them; and I will be their God, and they shall be my

people. Wherefore come out from among them, and be ye separate, saith the Lord, and touch not the unclean thing; and I will receive you, and will be a Father unto you, and ye shall be my sons and daughters, saith the Lord Almighty. 2 Corinthians 6:16-18

What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's. 1 Corinthians 6:19-20

The Spirit of God is holy. You can't expect to stay full of a *Holy Spirit* when

you continue to walk in filthiness of sin, defiling your mind, spirit and body (2Cor 7:1). You simply have to watch out for what you say (Matt 15:11), what you see (Job 31:1), what you give your ears to, what you allow to settle in your mind as thoughts (Phil 4:8), and what you do (1Cor 10:31). Holiness is key to a life in the Spirit. Immorality in all its forms it a fast quencher of the Spirit. We must all resist sin and not yield ourselves to it, as we walk in the newness of life status that we received when we got born again as children of God. It is something we can do. The Bible says we can as a born again Christians.

Know ye not, that so many of us as were baptized into Jesus Christ were baptized into his death? Therefore we are buried with him by baptism into death: that like as Christ was raised up from the dead by the glory of the Father, even so we also should walk in newness of life. For if we have been planted together in the likeness of his death, we shall be also in the likeness of his resurrection: Knowing this, that our old man is crucified with him, that the body of sin might be destroyed, that henceforth we should not serve sin. For he that is dead is freed from sin. Now if we be dead with Christ, we believe that we shall also live with him: Knowing that Christ being raised from the dead dieth

no more; death hath no more dominion over him. For in that he died, he died unto sin once: but in that he liveth, he liveth unto God. Likewise reckon ye also yourselves to be dead indeed unto sin, but alive unto God through Jesus Christ our Lord. Let not sin therefore reign in your mortal body, that ye should obey it in the lusts thereof. Neither yield ye your members as instruments of unrighteousness unto sin: but yield yourselves unto God, as those that are alive from the dead, and your members as instruments of righteousness unto God. For sin shall not have dominion over you: for ye are not under the law, but under grace. Romans 6:3-14

Having therefore these promises, dearly beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God. 2 Corinthians 7:1

4. THE LORDSHIP OF THE SPIRIT

The Holy Spirit also called the Spirit of the Lord can not be relegated to any position that undermines his Lordship in any relationship with man. Study the Bible and see indeed the reverence the Apostles rightly accorded the Holy Spirit. The Father is Lord, Jesus is Lord, and the Spirit is Lord. That is the position he has come to occupy in our lives. He is the Spirit of the LORD. He can't be your

comforter any more than he can be your Lord. He is not a genie or a familiar spirit under our command. He is here to help us in love, but we can't strive with him. He won't accept it an inch (Gen 6:3). It is an act of rebellion to strive with God. The Holy Spirit is not man, he is God. So long you submit your will to his will, which is what Lordship is about, he will fulfill his role in your live as a friend, a helper, a comforter, a guide, an enabler, a teacher, and much more.

5. DYING TO THE LUST OF THE FLESH

The lusts of the flesh hinder the flow of the Spirit, in Galatians 5:16-17, the Bible

teaches that the Spirit lusts against the flesh.

This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh. For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would.

Galatians 5:16-17

You can't stay full of the Spirit when your desires are towards fleshly lusts that do not edify the soul. Apostle Paul says,

All things are lawful for me, but all things are not expedient: all things are lawful

*for me, but all things edify not. 1
Corinthians 10:23*

What the flesh craves contravenes what the Spirit craves. The lust of the flesh is the natural tendency to gratify the body's desires at the expense of God's will, morality and all what's good for the soul. It can be adultery, drugs, alcohol or gluttony — whatever meets a need, want or pleasure in such a way that it operates by principles fostering or promoting sin is of the flesh.

You must mortify those passions that contravene the fruit of the Spirit if the Spirit must work unhindered through you. The fruit of the Spirit is love, joy,

peace, longsuffering, gentleness, goodness, faith, Meekness, temperance.

6. DYING TO SELF

Staying full of the Spirit requires complete death to self. Self is the strength of the flesh. Self-love, selfwill, self-seeking, self-pleasing has to die. Surrendering all and being pliable in the hand of the Holy Spirit is key to staying full of him. Selfish desires in all its awful manifestations of pride, covetousness, stubbornness, dishonesty, hypocrisy, etc has to die.

When it comes to the work of the Lord, you can't use the Spirit. It is the Spirit that uses you for God's glory: you can

only be but an instruments in his hands. " Not my will O Lord, but thy will be done" is the language that pleases the Father as one joined to him. It is not God that is joined to you. It is you that is joined to God as says the Scripture (1Cor 6:17). Therefore, your will must be but to surrender to his will that his will be done. And that is why the Spirit is given -- that the will of God be done in your life

7. WALKING IN THE FRUIT OF THE SPIRIT

I defined Staying full of the Spirit as allowing the Holy Spirit have full operations in your spirit and maximum

expression in your life; when you readily carry the presence of God, and you manifest a great deal the power of the Spirit, his fruit and his graces. Now think of it, he who would not consciously dwell and walk, for example, in love which is a part of the fruit of the Spirit, but live in hatred, malice and unforgiveness, how can he stay full of the Holy Spirit who is the Spirit of a God of love? You walk in the fruit of the Spirit to stay full of the Spirit. How often has the Holy Spirit (also Holy Ghost) been grieved and quenched by wrong attitudes in the lives of many. The Spirit is there but they are not walking in the Spirit to let him produce the fruit

of his presence and operations in their souls. The Spirit produces the fruit because all that are listed as the fruit of the Spirit are the principles by which the Spirit operates. Let me analyze these virtues called the fruit of the Spirit in their relation to staying full of the Spirit.

PATIENCE:

Patience is the virtue of waiting when necessary. It Understands God's principle of factoring in His creation of time in his dealings with mortal man. Anyone who must walk well with God's Spirit must have to understand God's employment of time in certain of his dealings with man and then learn to

maximize the blessedness of exercising patience. Patience saves you from being a patient in the trials of life. It is God's wisdom wherever and whenever it is needed. You can't walk with the Spirit without learning to exercise patience. You can only through patience come to the full realization of what the Spirit is doing. You have to wait in patience! God himself waits for you most of the time. At least, he waited for you to grow up, didn't He?

GENTLENESS:

Gentleness is the fruit of the Spirit not arrogance, rudeness and strivings: you can't walk in strife and rudeness and not

have hitches in your relationship with the Spirit who produces meekness and peace. The Lord Jesus instructed, in his wisdom, that his disciples be as harmless as a dove (Mt 10:16). Apostle Paul talked about the meekness and gentleness of Christ (2Corinthians 10:1). To Timothy is instructed, the man of God must not strive, but be gentle to all men (2Timothy 2:24); to Titus he wrote concerning all Christians that they speak evil of no man, and not be brawlers, but gentle, shewing all meekness unto all men (Titus 3:2). And Apostle James stated clearly that the wisdom that is from God is pure, peaceable and gentle.

PEACE:

God is the God of peace and not of confusion, chaos and fightings. The Holy Spirit operates in the serenity of peace in your soul. It is in rest and peace in your heart that the Spirit leads, speak and guides. Let not your heart be troubled, Jesus said. Hence, we must seek peace and ensue it to maintain calmness and rest of mind. Whenever we are tossed about in our spirit, we lose touch with and signal of the Holy Spirit.

MEEKNESS:

Jesus who the anointed one, full of the Holy Spirit and power without measure, who baptizes with the Holy Spirit

teaches us a major lesson about a life of the fullness of the Spirit. He says in Matthew 11:29, "Come learn of me for I am meek and lowly in heart." He and Moses, two prophets renowned for their life of the mighty acts of the Spirit, (Jesus surpassed Moses, though) were characterized by the virtue of meekness. Concerning Moses it was reported, the meekest man in the earth (Number 12:3). Meekness means humility. One who is meek is submissive to learn and receive instructions. The Holy Spirit is our teacher, we need meekness to have him carry out his ministry unhindered in our lives.

FAITH:

Without faith it is impossible to please God (Hebrew 11:6). The life in and with the Spirit is a life of faith. We walk by faith, not by sight, feeling or sense knowledge.

For we walk by faith, not by sight: 2 Corinthians 5:7

We must believe unseen realities to flow with the Spirit.

Jesus saith unto him, Thomas, because thou hast seen me, thou hast believed: blessed are they that have not seen, and yet have believed. John 20:29

While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal. 2 Corinthians 4:18

You must learn to move by faith trusting the Spirit to help. You must see from God's perspective in all matters. A life of the fullness of the Spirit is a life of the supernatural. You must cast down every thought, knowledge or imagination that exalts itself against the knowledge of God revealed in the word. No one who will not live and see things by the eyes of faith can live full of the Holy Ghost for what the Spirit will do he needs you to

believe and your faith instrumental in your cooperation with the Holy Spirit.

Who hath believed our report? and to whom is the arm of the LORD revealed?

Isaiah 53:1

The Holy Spirit is the arm of the LORD and his operation is only revealed to him who believes the reports of the Bible

LOVE:

The Holy Spirit sheds the love of God abroad in your heart.

And hope maketh not ashamed; because the love of God is shed abroad in our

hearts by the Holy Ghost which is given unto us. Romans 5:5

But you must nurse that love and walk in it. The Holy Spirit is quenched when you don't walk in love, for he that dwelleth in love dwelleth in God for God is love as says 1 John 4:16

...God is love; and he that dwelleth in love dwelleth in God, and God in him. 1 John 4:16

What the Spirit enables us to do, the same God commands us to do. If we do them, we stay full of the Spirit.

Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is

the first and great commandment. And the second is like unto it, Thou shalt love thy neighbour as thyself. Matthew 22:37-39

We must nurse our love for God and be totally committed to him. We must rid ourselves of the love of the world and the things of this world.

Love not the world, neither the things that are in the world. If any man love the world, the love of the Father is not in him. 1 John 2:15

He that loves the world with its fleshly principles that contradicts the teachings of Christ, will soon find himself filled with the spirit of the world and

unprepared for the coming of Christ. Materialism is not about having material things, it is about having and securing them through principles of the worldlings as though we were not pilgrims and strangers anymore in this world. We are not competing with the world, or else we will fall into the mistake of envying the wicked. What we acquire in the world, we acquire and use by the principles of Christ and not abuse them by the principles of the world.

The Spirit empowers and commands us to love God and our neighbour. We must take care to stay in the course of love to stay full of the Spirit of God who commands us to love.

JOY:

The Holy Spirit is the Spirit of joy. He brings the joy of salvation, the joy of the Lord into our heart. But we must recognize that he is a Spirit of joy and so must constantly maintain our joy. A joyful spirit keeps us full of the Spirit. It is with joy that we can draw water out of the well of salvation (Isaiah 12:3). And the Holy Spirit is many times in Scriptures symbolized as water.

It is as we maintain our joy in him that we maximize his presence in us and with us. A downcast, sad, gloomy and depressed soul cannot flow in the Spirit, nor can the Spirit flow through it. We

must consciously maintain the joy God bestows in us through the Spirit. The Holy Spirit is our access to the Father, access to power and access to a world of the supernatural. We must keep up a joyful spirit to maintain a life of strength and power in the Holy Ghost.

Satan wants to rob us of our joy through envy, quarrelling, frustration, poverty, slander, delay, and suchlike. If he can rob us of our joy, he will rob us of the operations of the anointing in us. And we know the anointing is a person -- the person of the Holy Spirit. The life of fullness of the Spirit therefore demands that you keep your joy in the face of challenges.

TEMPERANCE:

Temperance is not only self control as regards our passions, appetites and indulgence, to avoid the sinful works of the flesh, it is also the avoidance of spiritual excesses and exuberance that can make unbalanced our whole life as a child of God. There are some who out of zeal so-called have produced more destructive fleshly works, destroying themselves, their family, marriage, even the church where they belong. Little wonder Apostle Paul warned that the spirit of the prophet is subject to the prophet, hence there should be orderliness in the Church. Many

marriages have lost the ambience of love, communication, intimacy because of a graceless zeal of pursuing after God. Some husbands can't tolerate their rather weak spouse because they feel themselves highly spiritual. They lose touch with their family and lose social relevance thinking they are pursuing hard after God. No those things are the works of the flesh not fruit of the Spirit. Walking in temperance involves learning tolerance, curbing unrestrained pleasures, unscriptural zeal and fleshly "spirituality". This is the fruit of the Spirit and the way he wants us to live. Temperance is the beauty of a Spirit-filled life. It briddles our fallen nature of

unrestrained pleasures, inordinate passions, indulgence and unscriptural excesses. This is the beauty of it all. The Holy Spirit regards moderation for a proper balance in our Christian life and help us to that effect.

LONGSUFFERING:

Longsuffering is a vital virtue in the Christian life, and it's deeply connected to staying full of the Holy Spirit. Longsuffering is the ability to endure trials, difficulties, and injustices without losing faith, hope, or love.

When we cultivate longsuffering, we:

1. *Demonstrate trust in God's sovereignty:* We acknowledge that God is

in control, even in challenging circumstances.

2. *Resist the temptation to react in the flesh:* We choose not to let emotions dictate our responses, instead relying on the Holy Spirit's guidance.

3. *Create space for the Holy Spirit to work:* By not reacting impulsively, we allow the Holy Spirit to intervene, bringing peace, wisdom, and resolution.

Staying full of the Holy Spirit requires embracing longsuffering as a lifestyle. As we do, we'll experience deeper intimacy with God, increased fruit of the Spirit (Galatians 5:22-23) and greater effectiveness in our witness and

ministry. By cultivating longsuffering, we can stay full of the Holy Spirit, even in the midst of trials and challenges.

GOODNESS:

In everyday life, goodness can manifest in: kind actions and words, selfless generosity, compassionate empathy, moral integrity, honesty, and fairness.

Goodness is the fertile soil in which the Holy Spirit flourishes. When we cultivate goodness in our hearts and lives, we create an environment that welcomes and honors the Spirit's presence. Goodness is not just a moral virtue, but a spiritual catalyst that: fosters humility and surrender, nurtures

love and compassion, inspires kindness and generosity, and purifies our motives and intentions.

As we pursue goodness, we open ourselves to the Holy Spirit's transforming power, allowing Him to fill us with His presence, wisdom, and fruitfulness. By choosing goodness, we position ourselves to stay full of the Holy Spirit and live a life that reflects God's character and love.

8. LETTING THE WORD DWELL IN YOU

Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and

spiritual songs, singing with grace in your hearts to the Lord. Colossians 3:16

The Holy Spirit thrives where the Word resides. You can't be full of the Holy Spirit when you are not full of the word. The Word content is instrumental to the Holy Spirit's operations. To stay full of the Holy Spirit, be full of the Word through study and meditations. The Holy Spirit operates through the word. And many who received the Holy Spirit did so consequent upon receiving the word.

This only would I learn of you, Received ye the Spirit by the works of the law, or by the hearing of faith? He therefore that

ministereth to you the Spirit, and worketh miracles among you, doeth he it by the works of the law, or by the hearing of faith? Galatians 3:2,5

And he said unto me, Son of man, stand upon thy feet, and I will speak unto thee. And the spirit entered into me when he spake unto me, and set me upon my feet, that I heard him that spake unto me.

Ezekiel 2:1-2

While Peter yet spake these words, the Holy Ghost fell on all them which heard the word. Acts 10:44

Having received the Holy Spirit, you advance in his fullness as you go deeper in the word. Jesus the anointed one is

himself called the Word (Jn 1:1). You can't grow in the Holy Spirit unless you grow in the word. Your spiritual growth is tied to growth in the word. The word has to dwell richly in you for the Holy Spirit to operate richly. To be full of the Holy Spirit you have to be full of the word.

The word in your spirit is the sword of the Holy Spirit (Eph 6:17). So how, powerless the Holy Spirit will seem in you if he has no sword.

And take the helmet of salvation, and the sword of the Spirit, which is the word of God. Ephesians 6:17

9. FELLOWSHIPPING WITH THE HOLY SPIRIT

God calls us to a relationship and fellowship with him. You can have the Holy Spirit, but constant fellowship is what keeps you full of his operations, express manifestations and power. It is through constant fellowship that you keep in touch with God and stay full of his Holy Spirit. Let me list 3 core ways we fellowship with God and the Holy Spirit:

1) FELLOWSHIP THROUGH PRAYER

The Holy Spirit can be present in you and appears absent in your life when your communication with him is poor.

Relationship is built on communication and prayer both in understanding and in tongues helps keep your communication alive. Each time you pray in unknown tongues, the Holy Spirit prays through you and takes charge over you. When the Spirit takes charge of your day and his beautiful and supernatural influence impacts on what you do, you will enjoy what it means to be full of the Holy Spirit.

Praying in tongues (also called praying in the Spirit) is one sure way to maximize the benefits of the Holy Spirit. When you pray in tongues, among other things, you edify yourself in the spiritually, opening you up to more of

the Holy Spirit's operations, power and glory.

No one can stay full of the Spirit when they don't spend quality time in the atmosphere of prayer. Prayer is not only a moment of asking and receiving from God, it is a time of deep spiritual communication with God when not only the mouth but also the heart talks and fellowships with God. It is a time of deep spiritual communion with God. That was why Jesus spent whole night hours with God in prayer (Lk 6:12). He frequently took out time to seclude himself and spend long hours with God in prayer. Times of prayer are times to be deeply in the Spirit. They are special times when

one's soul meets with its maker. That gives reason why when you return from long hours of quality prayer, you are recharged, reanointed, full of power and carry God's presence.

Having been baptized, Jesus was praying and the Holy Spirit descended upon him. The 120 disciples of Jesus Christ spent days praying and the Holy Spirit descended upon them. The Apostles gave themselves over to the word and to prayer (Act 6:2-4), and they made a mark as men who lived all their lives full of the Holy Spirit and power. If you want a life characterized by a free flow of the operations of the Holy Spirit, live a life of prayerfulness. You need constant

blissful hours of prayer to keep the fire of the Holy Spirit burning.

2) FELLOWSHIP THROUGH THE WORD:

There is a deep mystery of fellowshipping with the word that makes you full of God. Think of it, Moses went to the mountain and spent forty days and night in the presence of God in fasting and fellowship of the word. He was there receiving the law at the mouth of God, writing it down and thinking it through. After this word fellowship, he returned with the skin of his face literally shining that no one could look at his face (Exodus 34:29-35). That is the

power of the word. Each time you fellowship with God through the word, you are illuminated and the Spirit of God like the increasing strength of light manifests in you and through you stronger and stronger. If you can maintain that fellowship, the Holy Spirit in you gets to the point where people easily notice it. Some begin to call you a man of God; others keep asking, "Are you a man of God?" They don't think there is something special about you; they just know you are anointed. That is because the Spirit's power and presence has become too obvious and undeniable.

The mouth of God commanded the word, his Spirit gathered them, so each

time you fellowship with the word, either listening to it as an audio, listening to it being preached, reading the Bible, reading a gospel-based literature, reciting the scriptures, meditating on the word, or preaching it yourself, you are fellowshipping with the Holy Spirit who gathered the spoken word. You have to be conscious of this.

*Seek and read from the book of the LORD:
Not one of these shall be missing; none
shall be without her mate. For the mouth
of the LORD has commanded, and his
Spirit has gathered them. Isaiah 34:16
ESV*

3) FELLOWSHIP THROUGH SONGS

Singing is the act of fellowshipping with God with your mouth and heart in the beauty of melody. Songs are powerful. The ability to sing is God's gift to you. It is an easy way to connect with your maker; to lift up your soul, mind and emotions to your maker in holy fellowship. Singing has such a unique way of bringing your heart, soul, mind, and strength together to focus entirely and completely on God. In an age of distraction, singing grabs the attention of all your senses and focuses you on God.

When you sing hymns and Psalms and other spiritual songs, you basically sing God's word, and with your heart

meditating and making melody unto the Lord, you go deeper and higher in the Holy Ghost (Holy Spirit is also called Holy Ghost). Your heart is the place where the Holy Spirit seeks to reign, gain preeminence and take full control of your life; therefore, you must fill it constantly with the melody and lyrics of holy hymns and spiritual songs.

And be not drunk with wine, wherein is excess; but be filled with the Spirit; Speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord; Ephesians 5:18-19

10. PROMPT OBEDIENCE TO THE SPIRIT

Absolute obedience to the Holy Spirit is key to being always full of him. As you respond in absolute and prompt obedience to the Holy Spirit, you open yourself up for more of his operations in you, instructions to you, and manifestations through you. Deferring obedience is disobedience!

Staying full of the Holy Spirit, however, does not mean you have all there is to the Holy Spirit. Far from it, for you can only receive the Spirit's power and glory in measures, just as there are depths of the ocean you can't swim. But that you are fully given, and are yielding fully to the operations of the Spirit in your life is what it means to stay full of the Spirit.

Staying full of the Spirit is in this that we constantly remove all that hinders the free operations, flow and control of the Spirit in our lives. Prompt and accurate obedience is key in this regard. The Holy Spirit will never suggest -- he commands! As he commands, so we obey -- not as convenient, but as commanded.

11. THE DISCIPLINE OF FASTING

Fastings discipline the flesh and strengthen the spiritman. It sharpens your spiritual faculties and enhance your access in breaking through into spiritual operations. Learn always to fast in order to walk in the Spirit; living

a carnal life quenches the fire of the Spirit burning in the heart.

12. WALKING IN TRUTH

Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you. John 14:17

Lies corrupt; little lies corrupt greatly. The Holy Spirit is called the Spirit of truth. One great difference between he that is born of God and a worldling is that he that is born of God has the Spirit which the world cannot receive, and that is the Holy Spirit. Jesus reveals why the world cannot receive him. He tells us

that is because the Holy Spirit is the Spirit of truth. It therefore takes valuing the truth and walking in truth to stay full of him. Lie is of the devil. He claims it and is the father of it. It originated with him and is his language. Whenever we lie, we make an alliance with Satan; he is the father of all liars (Jn 8:44). He who practices lies is submitting and yielding to the devil and will be filled with the spirit of the devil. In Christ there is no lie at all. The ways of the Holy Ghost are characterized by truth and all its offshoots: honesty, integrity, sincerity. But what characterized the spirit of the devil? Lies and its offshoots: dishonesty, insincerity, hypocrisy,

manipulation, and deceit. The Holy Spirit and Satan's spirit of lies can't coexist. It is either you are walking in truth or you lose the Holy Spirit altogether like king Saul. Or worse still you end up having a corrupted anointing (spiritual influence). Many so-called Spirit-filled believers are operating under a mix of spirits. They fear the LORD, but serve their own gods (2Kings 17:33). They savour the things of the men and so ignorantly come under the spirit of error (Mk 8:33). Their signal with God has been hijacked by a false Christ. They have been derailed from the truth of Christ unawares and are in error. And God is not causing them to

find out the truth, because there is no truth in their hearts. It when you do not conform to the world in its spirit of dishonesty, insincerity, hypocrisy, manipulation, and craftiness that we can know that which is the perfect, not just the permissive, will of God. Many professing Christians don't want the gospel that will ruffle them and so are in no quest for truth. How can they stay full of the Holy Spirit who searches the intent of the heart. We must maintain God's characteristic of truth to stay full of his Spirit.

13. LETTING GOD TAKE THE GLORY

The Holy Spirit fills a man to work in and through him the glory of God, and so God alone and his Son, Jesus, should take the glory. When the glory is properly channeled, the Spirit fills us with more of his power, grace and glory. Though we can rejoice in the glory of God in our lives, we can't in pride arrogate to ourselves the glory of what the Spirit is doing through us as though it originated with us, or it were because of our own righteousness, or we were worthy in and of ourselves. No. The more we take God's glory, the more we fall short of the Spirit's manifestations. The Spirit came to glorify Jesus not us, and we must let it be so.

Howbeit when he, the Spirit of truth, is come,...He shall glorify me: for he shall receive of mine, and shall shew it unto you. John 16:13-14

Now I wish you a jolly ride with the Holy Spirit.